



Spring Term 2025 CAT PAC – Early Years
To be delivered Online via Microsoft TEAM's

We would like to invite you to a CAT PAC awareness course, course for parent carers of autistic children or of children on the Neurodevelopmental pathway.

- The course has been designed for parents who want to increase their understanding of autism.
- The sessions will be delivered virtually via Microsoft TEAMS, a link will be sent to you a few days before each session.
 - Each session will last for 2 hours

SPRING TERM 2025

Session1 – An introduction to Autism	28 th January 2025: 9.30-11.15am
Session 2 – Communication and Interaction	4 th February 2025: 9.30-11.15am
Session 3 – Sensory differences	11 th February 2025: 9.30-11.15am
HALF TERM	
Session 4 – Eating, sleeping and toileting	25 th February 2025: 9.30-11.15am
Session 5 – Emotional regulation	4 th March 2025: 9.30-11.15am
Session 6 – Parental choice & Signposting services	11 th March 2025: 9.30-11.15am

The subject or title of your email needs to state that it is for the:

Spring 2025 Early Years Online CAT PAC

In your email please include:

- Your name and email address
- Your Child / young person's name and school
- Your child / young person's CAT worker (*if known*)
- Due to limited places, the course will be offered to the first families to contact us.
- *There is an expectation that parents endeavour to attend all sessions if possible.*
- **Please email A2EGeneral@birmingham.gov.uk** to reserve a place. You will receive an email response to confirm your place or to tell you that the course is full.

Yours sincerely,

Dawn Fisher and Julie Watchorn Brennan

