

Nurturing ADHD kids

This online 6 week course is free for Birmingham parents and carers of children and young people with ADHD or suspected ADHD

LED BY ADULTS WITH ADHD

Does your child have ADHD or suspected ADHD?

Are you trying to support them but find that everyone gives you different advice?

In this 6 week course, you will

- learn about ADHD
- Understand the effect on our mental health
- Understand the reasons behind behaviours
- Gain confidence in advocating for our children
- Learn new strategies
- Help our kids be confident, resilient and be their best selves

Phone: 0731 116 7485

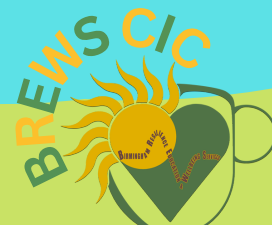
Email: contactus@brewseducation.org

What parents have said about this course

This course is literally game-changing for parents, caregivers, teachers and anyone living with a child (or adult) with ADHD. So much misunderstanding, frustration and worry could be prevented if everyone had access to this amazing resource.

Essential course for any parent of a child with ADHD. It changed the way I see my son and my ability to respond to his needs effectively.

Very informative, friendly, no pressure, enjoyable sessions



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ADHD

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NEW GROUPS STARTING SOON!

Free online 6 week course for parents and carers
This half term's courses

Tuesdays 10 - 11.30am
starting Tuesday 7th January
Register [HERE](#) or use QR code



Thursdays 7 - 8.30pm
starting Thursday 9th January
Register [HERE](#) or use QR code



Supported by



*If you have any questions,
email us*

Contactus@brewseducation.org